

Mapping Concerns



Process

(1) Think through and write down your concerns individually (print one sheet for each partner), (2) Walk each other through your lists, (3) Acknowledge each other's concerns (even if they are not shared), (4) Agree ways to manage or mitigate each concern, (4) Revisit your concerns every week or two.

My primary concerns for the next month are...	How we can manage or mitigate them together...

This accompanies installment 1 of Couples that Work @ Home: The Survival Series